

# **Christian Discipleship 365 Boot Camp**

Matthew 22: 34-40

*Hearing that Jesus had silenced the Sadducees, the Pharisees got together. One of them, an expert in the law, tested him with this question: “Teacher, which is the greatest commandment in the Law?” Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments.”*

**Will you wholly love God and love others as yourself?**

Matthew 28:18-20

*Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”*

**Will you obey Christ and also teach others to obey Christ?**

# Regimen

The *Christian Discipleship 365 Boot Camp* is a one year regimen estimated to take 365 hours, one hour a day. The goal is to disciple new Christians and train your faith. The program can also challenge mature Christians if you have lapsed. The objectives are outlined below and detailed in the following pages. You will need about \$300 to purchase books, which will then be the beginning of your own resource library. The program is rigorous, but can be adjusted as you need. If you cannot make progress for a few days, that is understood. You simply need to commit to catch up and continue. You will need to prioritize and cut the fluff out of your schedule. Accomplish the boot camp objectives while you are working, waiting, and living. Do not waste the time waiting at the doctor's office? Pray, read, or share your faith while you wait. Make the most of every opportunity. You will also need downtime. Recreation and rest are essential. However, no soldier ever watched three movies a week while going through boot camp. The positive gains of this program will require commitment, discipline, perseverance, and sacrifice.

<b>365 Day Objective</b>	<b>Hours</b>
Read twenty-five books	175
Read the entire Bible	70
Meet weekly with an accountability partner or group	50
Meet weekly with a non-Christian to read Gospel of John	22
Share the gospel twice a month with new people	24
Serve others twice a month with their needs	24
Work through the <i>Examine Yourself</i> questionnaire	X
Walk to pray, listen to God, reflect, and exercise	X
<b>TOTAL</b>	<b>365</b>

# Book Checklist

Buy and read each book, write a one page summary, and discuss with your accountability partner. Swap in similar books for those already read.

***Pilgrim's Progress*** by John Bunyan

<https://www.amazon.com/dp/1512396486> - \$6

***Battle of the Gods*** by Robert Morey

<https://www.amazon.com/dp/B001ISXKA0> - \$5

***Mere Christianity*** by C.S. Lewis

<https://www.amazon.com/dp/0060652926> - \$11

***The Doctrines of Grace*** by James Boice / Philip Ryken

<https://www.amazon.com/dp/B01FIYTLZW> - \$27

***Optimism Out of Control*** by Jeff Martin

<https://www.amazon.com/dp/151523990X> - \$10

***The Inescapable Love of God*** by Thomas Talbot

<https://www.amazon.com/dp/1625646909> - \$24

***All You Want to Know About Hell*** by Steve Greg

<https://www.amazon.com/dp/1401678300> - \$18

***A Tale of Three Kings*** by Gene Edwards

<https://www.amazon.com/dp/0842369082> - \$11

***Bondage of the Will*** by Martin Luther / J.I. Packer

<https://www.amazon.com/dp/0801048931> - \$22

***How to Study the Bible*** by Robert West

<https://www.amazon.com/dp/159789706X> - \$3

***Know What You Believe*** by Paul Little

<https://www.amazon.com/dp/0830834230> - \$12

***Abraham's Four Seeds*** by John Reisinger

<https://www.amazon.com/dp/B009R49HYA> - \$11

***The Kingdom of the Cults*** by Walter Martin

<https://www.amazon.com/dp/0764228218> - \$17

***The Greatest Salesman in the World*** by Og Mandino

<https://www.amazon.com/dp/055327757X> - \$6

***Daws - A Man Who Trusted God*** by Betty Skinner

<https://www.amazon.com/dp/0891097961> - \$17

***Found God's Will*** by John MacArthur

<https://www.amazon.com/dp/B0087OWH2U> - \$6

***The Master Plan of Evangelism*** by Robert Coleman

<https://www.amazon.com/dp/0800788087> - \$10

***Disciples are Made - Not Born*** by Walter Henrichsen

<https://www.amazon.com/dp/0781438837> - \$13

***Lead Out: A Guide for Leading Bible Discussion Groups*** by NavPress

<https://www.amazon.com/dp/0891091254> - \$5

***Love Must be Tough*** by James Dobson

<https://www.amazon.com/dp/141431745X> - \$9

***The Pursuit of Holiness*** by Jerry Bridges

<https://www.amazon.com/dp/1631466399> - \$11

***Why Government Can't Save You*** by John MacArthur

<https://www.amazon.com/dp/0849955556> - \$15

***Fight - A Christian Case for Non-Violence*** by Preston Sprinkle

<https://www.amazon.com/dp/1434704920> - \$5

***Tactics, A Game Plan for Discussing Your Christian Convictions*** by Gregory Koukl

<https://www.amazon.com/dp/B07JG482BW> - \$20

***A Long Obedience in the Same Direction*** by Eugene Peterson

<https://www.amazon.com/dp/0830822577> - \$17

# Bible Checklist

Read the Bible alternating between old and new testament books.  
Read entire books in one sitting. Discuss with your partner.

## OLD TESTAMENT

Genesis  
Exodus  
Leviticus  
Numbers  
Deuteronomy  
Joshua  
Judges  
Ruth  
1 Samuel  
2 Samuel  
1 Kings  
2 Kings  
1 Chronicles  
2 Chronicles  
Ezra  
Nehemiah  
Esther  
Job  
Psalms  
Proverbs  
Ecclesiastes  
Song of Solomon  
Isaiah  
Jeremiah  
Lamentations  
Ezekiel  
Daniel  
Hosea  
Joel  
Amos  
Obadiah  
Jonah  
Micah  
Nahum  
Habakkuk  
Zephaniah  
Haggai  
Zechariah  
Malachi

## NEW TESTAMENT

Matthew  
Mark  
Luke  
John  
Acts  
Romans  
1 Corinthians  
2 Corinthians  
Galatians  
Ephesians  
Philippians  
Colossians  
1 Thessalonians  
2 Thessalonians  
1 Timothy  
2 Timothy  
Titus  
Philemon  
Hebrews  
James  
1 Peter  
2 Peter  
1 John  
2 John  
3 John  
Jude  
Revelation

# Accountability Checklist

Meet with your partner for 50 weeks. The plan below should be re-ordered and modified according to what is best for you.

1. Plan your time together and pray
2. Read and discuss **1 John 1**
3. Read and discuss **1 John 2**
4. Read and discuss **1 John 3**
5. Read and discuss **1 John 4**
6. Read and discuss **1 John 5**
7. Evaluate your time together and pray
8. Read and discuss **Romans 1**
9. Read and discuss **Romans 2**
10. Read and discuss **Romans 3**
11. Read and discuss **Romans 4**
12. Read and discuss **Romans 5**
13. Read and discuss **Romans 6**
14. Read and discuss **Romans 7**
15. Read and discuss **Romans 8**
16. Read and discuss **Romans 9**
17. Read and discuss **Romans 10**
18. Read and discuss **Romans 11**
19. Read and discuss **Romans 12**
20. Read and discuss **Romans 13**
21. Read and discuss **Romans 14**
22. Read and discuss **Romans 15**
23. Read and discuss **Romans 16**
24. Evaluate your time together and pray
25. Discuss ***A Long Obedience in the Same Direction*** by Eugene Peterson
26. Discuss ***A Tale of Three Kings*** by Gene Edwards
27. Discuss ***Abraham's Four Seeds*** by John Reisinger
28. Discuss ***All You Want to Know About Hell*** by Steve Greg
29. Discuss ***Battle of the Gods*** by Robert Morey
30. Discuss ***Bondage of the Will*** by Martin Luther / J.I. Packer
31. Discuss ***Daws - A Man Who Trusted God*** by Betty Skinner
32. Discuss ***Disciples are Made - Not Born*** by Walter Henrichsen
33. Discuss ***Fight - A Christian Case for Non-Violence*** by Preston Sprinkle
34. Discuss ***Found God's Will*** by John MacArthur
35. Discuss ***How to Study the Bible*** by Robert West
36. Discuss ***Know What You Believe*** by Paul Little
37. Discuss ***Lead Out: A Guide for Leading Bible Discussion Groups*** by NavPress
38. Discuss ***Love Must be Tough*** by James Dobson
39. Discuss ***Mere Christianity*** by C.S. Lewis
40. Discuss ***Optimism Out of Control*** by Jeff Martin
41. Discuss ***Pilgrim's Progress*** by John Bunyan
42. Discuss ***Tactics, A Game Plan for Discussing Your Christian Convictions*** by Koukl
43. Discuss ***The Doctrines of Grace*** by James Boice / Philip Ryken
44. Discuss ***The Greatest Salesman in the World*** by Og Mandino
45. Discuss ***The Inescapable Love of God*** by Thomas Talbot
46. Discuss ***The Kingdom of the Cults*** by Walter Martin
47. Discuss ***The Master Plan of Evangelism*** by Robert Coleman
48. Discuss ***The Pursuit of Holiness*** by Jerry Bridges
49. Discuss ***Why Government Can't Save You*** by John MacArthur
50. Evaluate your time together, pray, and plan for the future

# Gospel of John Checklist

Read the Gospel of John weekly with a non-Christian friend.  
Include your accountability partner if possible.

1. Read and discuss ***John 1***
2. Read and discuss ***John 2***
3. Read and discuss ***John 3***
4. Read and discuss ***John 4***
5. Read and discuss ***John 5***
6. Read and discuss ***John 6***
7. Read and discuss ***John 7***
8. Read and discuss ***John 8***
9. Read and discuss ***John 9***
10. Read and discuss ***John 10***
11. Read and discuss ***John 11***
12. Read and discuss ***John 12***
13. Read and discuss ***John 13***
14. Read and discuss ***John 14***
15. Read and discuss ***John 15***
16. Read and discuss ***John 16***
17. Read and discuss ***John 17***
18. Read and discuss ***John 18***
19. Read and discuss ***John 19***
20. Read and discuss ***John 20***
21. Read and discuss ***John 21***
22. Invite your friend to trust and obey Jesus

# Share and Serve Checklist

Share the gospel twice a month with new people. Serve others twice a month with their needs. Note your experience below.

## Share the Gospel

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_
- 11. \_\_\_\_\_
- 12. \_\_\_\_\_
- 13. \_\_\_\_\_
- 14. \_\_\_\_\_
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- 16. \_\_\_\_\_
- 17. \_\_\_\_\_
- 18. \_\_\_\_\_
- 19. \_\_\_\_\_
- 20. \_\_\_\_\_
- 21. \_\_\_\_\_
- 22. \_\_\_\_\_
- 23. \_\_\_\_\_
- 24. \_\_\_\_\_

## Serve Others

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
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- 11. \_\_\_\_\_
- 12. \_\_\_\_\_
- 13. \_\_\_\_\_
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- 16. \_\_\_\_\_
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- 18. \_\_\_\_\_
- 19. \_\_\_\_\_
- 20. \_\_\_\_\_
- 21. \_\_\_\_\_
- 22. \_\_\_\_\_
- 23. \_\_\_\_\_
- 24. \_\_\_\_\_

# Motivation

Ask God to provide motivation, commitment, discipline, and perseverance.

## **Ephesians 6:10-20**

10) Finally, be strong in the Lord and in his mighty power. 11) Put on the full armor of God, so that you can take your stand against the devil's schemes. 12) For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13) Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14) Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15) and with your feet fitted with the readiness that comes from the gospel of peace. 16) In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17) Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18) And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. 19) Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, 20) for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

## **Galatians 5**

13) You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. 14) For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself." 15) If you bite and devour each other, watch out or you will be destroyed by each other. 16) So I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17) For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. 18) But if you are led by the Spirit, you are not under the law. 19) The acts of the flesh are obvious: sexual immorality, impurity and debauchery; 20) idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions 21) and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. 22) But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, 23) gentleness and self-control. Against such things there is no law. 24) Those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25) Since we live by the Spirit, let us keep in step with the Spirit. 26) Let us not become conceited, provoking and envying each other.

## **2 Timothy 2**

1) You then, my son, be strong in the grace that is in Christ Jesus. 2) And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. 3) Join with me in suffering, like a good soldier of Christ Jesus. 4) No one serving as a soldier gets entangled in civilian affairs, but rather tries to please his commanding officer. 5) Similarly, anyone who competes as an athlete does not receive the victor's crown except by competing according to the rules. 6) The hardworking farmer should be the first to receive a share of the crops. 7) Reflect on what I am saying, for the Lord will give you insight into all this.

# Examine Yourself

*"Examine your own selves, whether you are in the faith. Test your own selves. Or don't you know about your own selves, that Jesus Christ is in you? Unless indeed you are disqualified."*  
2 Corinthians 13:5

*"But let a man examine himself, and so let him eat of the bread, and drink of the cup."*  
1 Corinthians 11:28

*"Be diligent in these things. Give yourself wholly to them, that your progress may be revealed to all. Pay attention to yourself and to your teaching. Continue in these things, for in doing this you will save both yourself and those who hear you."*  
1 Timothy 4:15-16

1. Spirit – your relationship to God
  - a. Do you confess that Jesus is Lord and believe that God raised him from the dead?
  - b. Do you have love for God and gratefulness for his grace toward you?
  - c. Are you reading God's word regularly? What have you read?
  - d. Are you talking to God regularly? What have you said?
  - e. Are you fellowshiping with other Christians regularly? Open fellowship?
  - f. Are you confessing your sins to a close friend in the Lord? Do you have secret sin?
  - g. Are you looking toward heaven or lusting for this world's things? What things?
  - h. Are you an ambassador for Christ? Do your friends know you are a Christian?
  - i. Are you making disciples? Who are you helping to trust and obey?
  - j. Are you evangelizing? Who have you explained the gospel to?
  - k. Are impure movies, books, or music in your life? Would godly friends agree?
  - l. We are all tempted...how are you being tempted now? Who is praying for you?
  
2. Soul – your relationship to your fellowman
  - a. Do you have love for your fellowman and thankfulness for God's grace to them?
  - b. Do you have un-reconciled conflict with others? With who specifically?
  - c. Have you lied, cheated, or stolen from your fellowman? What specifically?
  - d. Are you working to provide for yourself and your family? Working hard?
  - e. Are you submitted to your authorities? Parent? Husband? Employer? Government?
  - f. Are you avoiding any people in your life? Why?
  - g. Are you growing in your mind through good books? Are you reading junk?
  - h. Are you growing through good hobbies and endeavors? Are you being lazy?
  - i. Do you have friends that know you well? Do they have any concerns about you?
  - j. Are you godly with money? Do you owe others? Do you give? Are you hoarding?
  
3. Body – your care of your physical body
  - a. Do you see a doctor for checkups? When was the last time?
  - b. Do you see a dentist for checkups? When was the last time?
  - c. Do you see an optometrist for checkups? When was the last time?
  - d. Are you avoiding the help or prescriptions of medical professionals? Why?
  - e. Are you eating good foods and the right amount? Would a nutritionist agree?
  - f. Are you exercising regularly? Enough or too much?
  - g. Do you have any physical pains or problems that you are avoiding? Why?
  - h. Are you getting enough sleep? How much?
  - i. Do you feel encouraged, thankful, and positive? Why or why not?
  - j. Are you properly groomed and clothed to mirror Christ? Would godly friends agree?